

## PST/INTERVIEWS FOR NAS GUAM, USA

PST Time and Location are scheduled by the [PST coordinator](#) , your request will be processed with other candidates in your geographic location.

**NOTE: YOU WILL NOT BE SCHEDULE FOR THE PST UNTIL YOU HAVE BEEN CLEARED BY BUD/S MEDICAL. [STEP-BY-STEP GUIDELINES](#)**

### GEAR LIST

Candidates are required to arrive 15 minutes early with the items listed below:

The original approved special request chit  
Service and Medical Record  
Military identification card  
T-shirt, dungarees or cammies, and boots for SEAL candidates  
T-shirt, shorts, and running shoes for SWCC candidates  
Swimsuit and towel  
Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, IAW MILPERSMAN 1220-150.  
Interview requirement items:

- (1) Uniform of the day
- (2) The original approved special request chit
- (3) Military ID
- (4) Service record
- (5) Medical record
- (6) Wavier(s) (See Waivers)

### NOTE:

Cancellations or rescheduling of a scheduled PST can be Requested via

Email: Email: [PST coordinator](#)

Or Mail to: PSTcoordinator@navsoc.navy.mil